

Intake and First Few Sessions

Working with Older Adults in Care

1.	Have you seen a counsellor before? Clinician note: for instructions on how best to use this form please see pp90-91 of <i>Counselling and Psychotherapy with Older People in Care</i>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
2.	It's common for Seniors to experience the following. Which of the following do you relate to?		
	2.1 Missing your pets? (name of pet/s)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.2 Having frequent bouts of teariness or sadness?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.3 Feeling lonely?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.4 Feeling a loss of privacy and control?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.5 Loosing some function in your body that bothers you and / or concerns related to intimacy?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.6 Being in a lot of pain or discomfort?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.7 Forgetting important things often?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.8 Having thoughts about death or dying?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.9 Feeling isolated from family or friends?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.10 Being bothered by a loss of independence?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.11 Grieving the loss or decline of your spouse?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.12 Feeling like you have lost a sense of identity or purpose?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.13 Missing your old life prior to moving into this ACF?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	2.14 Lived or served in a war zone?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
3.	What things, people or situations are bothering you the most at the moment?		
4.	How have you overcome difficult periods in your life before?		
5.	What gives you joy or makes you feel good? Are there any memories that do this?		
6.	Genogram and key family members / historical events (record on blank page overleaf)		